



Maintaining Performance

ASSESSMENT # 4

Total Marks: 30

Answer the following questions:

1. How can you modify work behavior? (4)
2. What are key action steps in handling performance problems? (3)
3. What are behavior contracts? How will you design a behavior contract? (3)
4. Write short notes on the followings: (10)
 - i. Ongoing Support and Feedback Checklist
 - ii. Support Plan Checklist
 - iii. Objectives and Results Checklist
5. Name key theories of motivation? Explain goal setting theory in detail. (10)