



Introduction to Self-Leadership

ASSESSMENT # 1

Total Marks: 30

Answer the following questions:

Q: 1: Short Questions.

(15)

- I. What is Self-Leadership?
- II. Describe the four pillars of Self-Leadership.
- III. Outline various tips for effective writing.
- IV. Describe Daryl Conner's change management model.
- V. What is Lifelong Learning?

Q: 2: What is SPIRIT? How does it help in setting goals?

(7)

Q: 3: Outline the three important steps for creating personal vision.

(8)