

ASSESSMENT # 3**Total Marks: 30**

Answer the following questions:

Q: 1 Short Questions:

(24)

- I. How can you help your mentee to identify and set their goals?
- II. What does the term SPIRIT stand for?
- III. What are the SPIRIT goals? How does this approach help to set goals?
- IV. What is adult learning? How is adult learning different?

Q: 2 what are the key principles of adult learning?

(6)