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Evaluating Accessibility for Transportation Planning

Measuring People's Ability to Reach Desired Goods and Activities

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The Brooklyn Bridge provides access between Manhattan and Brooklyn.

Abstract

This paper discusses the concept of *accessibility* and how it can be incorporated in transport planning. Accessibility refers to people's ability to reach goods, services and activities, which is the ultimate goal of most transport activity. Many factors affect accessibility, including mobility (physical movement), the quality and affordability of transport options, transport system connectivity, mobility substitutes, and land use patterns. Accessibility can be evaluated from various perspectives, including a particular group, mode, location or activity. Conventional planning tends to overlook and undervalue some of these factors and perspectives. More comprehensive analysis of accessibility in planning expands the scope of potential solutions to transport problems.

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An automobile is a machine for mobility. A city is a machine for accessibility.

When people say, "location, location," they really mean "accessibility, accessibility, accessibility."

Executive Summary

Accessibility refers to people's overall ability to reach services and activities, and therefore the time and money that people and businesses must devote to transportation. The quality of accessibility has tremendous direct and indirect impacts.

Several general factors can affect accessibility:

- Motor vehicle travel conditions. Automobile travel speeds, affordability and safety.
- *Quality of other modes.* Walking, cycling, public transit, telework, delivery services speeds, convenience, comfort, affordability and safety.
- *Transport network connectivity.* Density of paths and roadway connections, and therefore the directness of travel between destinations, plus the quality if connections between modes, such as the ease of walking and cycling to public transport stations.
- Land use proximity. Development density and mix, and therefore distances between activities.

Transportation and land use planning decisions often involve trade-offs between different forms of accessibility. For example, road design features that maximize motor vehicle traffic speeds may reduce active transport (walking and cycling) accessibility, and transit accessibility since most transit trips include walking and cycling links. Locations convenient for automobile access, such as along urban fringe highways where parking is abundant and inexpensive, tends to be difficult to access by other modes. Whereas more central locations tend to be easier to access by walking, cycling and public transit tend to have lower traffic speeds, more congestion and more expensive parking.

Since accessibility is the ultimate goal of most transportation activity (excepting the small amount of travel that has no desired destination), transport planning should be based on accessibility. However, conventional planning tends to evaluate transport system performance based primarily on motor vehicle travel conditions using indicators such as roadway level-of-service, traffic speeds and vehicle operating costs; other accessibility factors are often overlooked or undervalued. This tends to favor mobility over accessibility and automobile transport over other modes. Many of these planning biases are subtle and technical, resulting from the statistics used to measure travel demands, the selection of performance indicators, and the formulas used to allocate resources.

A new planning paradigm requires more comprehensive accessibility analysis. Our ability to evaluate accessibility is improving as transportation and land use planners develop better tools for quantifying accessibility impacts, including multi-modal level-of-service indicators, and models which measure the travel distances, travel time and travel costs required by various types of transport system users to access various types of services and activities. However, accessibility-based planning techniques are still new and practitioners are still learning how to apply them to specific decisions. Comprehensive accessibility analysis therefore requires creativity and judgment to incorporate new accessibility factors.

Table ES-1 lists factors that affect accessibility and the degree to which they are considered in current transport planning. This information can be used to

Table ES-1	Summary of Factors Affecting Accessibility						
Name	Description	Current Consideration	Improvements				
Transport Demand	The amount of mobility and access people and businesses would choose.	Motorized travel demand is well measured, but non- motorized demand is not.	More comprehensive travel surveys, statistics and analysis of travel demands.				
Mobility	Travel speed and distance.	Primarily evaluates motor vehicle traffic speeds and vehicle mileages traveled.	More comprehensive evaluation of mobility by other modes.				
Transport Options (modes)	The quality (speed, convenience, comfort, safety, etc.) of transport options including walking, cycling, public transit, etc.	Motor vehicle travel speed and safety are usually considered, but other modes and other travel factors are often overlooked.	More multi-modal evaluation (speed, convenience, comfort, safety, etc. of walking, cycling, transit, etc.)				
User information	Availability of reliable information on mobility and accessibility options.	Sometimes considered for particular modes or locations, but seldom comprehensive.	More comprehensive and integrated information to help users navigate transport systems.				
Integration	The degree of integration among transport system links and modes.	Automobile transport is generally well integrated, but not connections between other modes.	More integrated planning to improve travelers' ability to connect between system components.				
Affordability	The cost to users relative to their incomes.	Automobile operating costs and transit fares are usually considered.	More comprehensive evaluation of transport costs relative to users incomes.				
Mobility Substitutes	Telecommunications and delivery services that substitute for physical travel.	Not usually considered in transport planning.	Consider mobility substitutes as part of the transport system.				
Land Use Factors	Land use density and mix.	Usually considered in land use planning, but less in transport planning.	Measure how land use factors affect travel distances and costs.				
Transport Network Connectivity	Density of road and path connections, and therefore the directness of travel between destinations.	Transport planning is starting to consider roadway connectivity impacts on accessibility.	Measure how roadway connectivity affects travel distances and costs.				
Transport Management	How transport management affects accessibility.	Limited consideration.	Consider how various transport management strategies affect access.				
Prioritization	Strategies that favor more efficient travel activity.	Limited consideration.	Consider transport prioritization strategies.				
Inaccessibility	The value of inaccessibility and isolation.	Not generally considered in transport planning.	Recognize the value of sometimes limiting access.				

Table ES-1 Summary of Factors Affecting Accessibility

This table indicates factors that affect accessibility, how they are currently considered, and potential improvements for more comprehensive planning.

Introduction

A *paradigm shift* (a fundamental change in how problems are defined and solutions evaluated) is occurring in transportation planning (Litman 2013). This consists, in part, of shifting from *mobility-oriented analysis* (which evaluates transport system performance based on quantity and quality of physical travel) to *accessibility-based analysis* (which considers a broader range of impacts and options). As with the Copernican revolution, this paradigm shift changes what we assume to be the system's center: Conventional, mobility-based planning places *automobiles* at the center of the transport system. The new, accessibility-based paradigm places *people* at the center.

This shift has important implications for transport planning. It changes the definition of transport problems and how potential solutions are evaluated. Mobility-based planning tends to evaluate transport system performance based largely on traffic speeds and so favors automobile-oriented transport improvement. Accessibility-based planning considers other impacts and options, including improvements to alternative modes, incentives to change travel behavior, and more accessible land use (VTPI 2006).

Many current planning practices tend to favor mobility over accessibility and automobile travel over alternative modes (Cambridge Systematics 2010; Litman 2007). For example:

- Transport system performance is often evaluated based on travel speed and distance, which favors faster modes and quantitative improvements over slower modes and qualitative improvements (such as increased passenger convenience and comfort).
- Travel statistics often undercount and undervalue nonmotorized travel by ignoring short trips, children's travel, non-commute trips, and non-motorized links of motorized trips.
- The benefits from increased vehicle traffic volumes and speeds are recognized, but reductions in walkability and land use accessibility are often overlooked.

Such planning practices can result in decisions that increase mobility but reduce overall accessibility (for example, by reducing travel options and stimulating sprawl), and tend to undervalue other accessibility improvement options (such as more accessible land use development, and mobility substitutes such as telework). More comprehensive analysis can help decision-makers identify more optimal solutions. However, evaluating accessibility is challenging. Different planning issues require different methods to account for different users, modes, scales and perspectives. For example, neighborhood planning requires more walkability analysis, while regional planning requires more analysis of automobile, bus and rail travel.

This paper provides guidance for applying various types of accessibility analysis in transport planning. It defines the concept of accessibility, describes factors that affect people's ability to reach destinations and perspectives to consider, discusses evaluation methods, and describes options for improving access. This document should be useful to transport planners, modelers and decision-makers.

Defining Accessibility

Accessibility (or just access) refers to the ease of reaching goods, services, activities and destinations, which together are called *opportunities*. It can be defined as the potential for *interaction* and *exchange* (Hansen 1959; Engwicht 1993). For example, grocery stores provide access to food. Libraries and the Internet provide access to information. Paths, roads and airports provide access to destinations and therefore activities (also called *opportunities*). Accessibility can be defined in terms of *potential* (opportunities that could be reached) or in terms of *activity* (opportunities that are reached). Even people who don't currently use a particular form of access may value having it available for possible future use, called *option value*. For example, motorists may value having public transit services available in case they are unable to drive in the future.

Access is the goal of most transport activity, except the small portion of travel for which mobility is an end in itself (e.g., jogging, cruising, leisure train rides). Even recreational travel usually has a destination, such as a resort or campsite. Various disciplines analyze accessibility, but their perspective is often limited:

- Transport planners generally focus on mobility, particularly vehicle travel.
- Land use planners generally focus on geographic accessibility (distances between activities).
- Communications experts focus on telecommunication quality (such as the portion of households with access to telephone, cable and Internet services).
- Social service planners focus on accessibility options for specific groups to specific services (such as disabled people's ability to reach medical clinics and recreation centers).

Other Meanings

The words *accessibility* and *access* can have various meanings and implications.

- Accessibility generally refers to physical access to goods, services and destinations, which is what people usually mean by transportation.
- In roadway engineering, *access* refers to connections to adjacent properties. *Limited access* roads have minimal connections to adjacent properties, while local roads provide direct access. *Access management* involves limiting intersections and driveways on highways.
- In the fields of geography and urban economics, *accessibility* refers to the relative ease of reaching a particular location or area.
- In pedestrian planning and facility design *accessible design* (also called *universal design*) refers to facilities designed to accommodate people with disabilities. For example, a pathway designed to accommodate people in wheelchairs may be called *accessible*.
- In social planning, accessibility refers to people's ability to use services and opportunities.

How transportation is evaluated affects planning decisions. For example, if transportation is evaluated based on *vehicle travel conditions* (traffic speeds, congestion delay, roadway Level-of-Service ratings), the only way to improve transport system

quality is to improve roadways. If transportation is evaluated based on *mobility* (movement of people and goods), then rideshare and public transit service improvements can also be considered. If transportation is evaluated based on *accessibility* (people's overall ability to reach desired goods, services and activities), additional transportation improvement options can be considered (besides roadway, rideshare and public transit), including improved walking and cycling conditions, more accessible land use patterns to reduce travel distances, and telecommunications and delivery services that substitute for physical travel. Table 1 compares these perspectives.

Table T Transportation Evaluation Perspectives (Littlan 2003)						
	Vehicle Travel	Mobility	Accessibility			
Definition of Transportation	Vehicle travel	Person and goods movement	Ability to obtain goods, services and activities			
Measurement units	Vehicle miles	Person-miles and ton-miles	Trips, generalized costs			
Modes considered	Automobile and truck	Automobile, truck and transit	Automobile, truck, transit, cycling and walking			
Common indicators	Vehicle traffic volumes Travel distance and		Quality of available transportation choices. Distribution of destinations. Cost per trip			
Consumer benefits considered	Maximum motor vehicle travel and speed	Maximum personal travel and goods movement	Maximum transport choice and cost efficiency			
Consideration of land use	Treats land use as an input, unaffected by transportation decisions	inaffected by can affect travel choice ha				
Favored transportation improvement strategies	facility improvements toimprovements thatand improveincrease capacity, speedincrease capacity, speedsincrease tra		Management strategies and improvements that increase transport system efficiency and safety			
Transportation Demand Management (TDM)	Generally considers vehicle travel reductions undesirable	Supports TDM strategies that improve personal and freight mobility	Supports TDM whenever it is cost effective			

Table 1Transportation Evaluation Perspectives (Litman 2003)

This table compares three common perspectives used to measure transportation.

Accessibility-based analysis therefore expands the range of possible solutions to transport problems, which can lead to better solutions. For example, if a school experiences traffic or parking congestion problems, vehicle-travel-based analysis would conclude that roads and parking facilities must be expanded. Mobility-based analysis may consider school busing improvements as a possible solution. Accessibility-based analysis can consider a wider range of factors, including walking and cycling improvements, transportation demand management incentives that encourage

students and staff to reduce their automobile trips, and smart growth policies that reduce the distances between student's homes and schools. Some of these solutions cobenefits, asides from roadway congestion reductions, include: infrastructure cost savings (reduced road and parking requirements), user cost savings (parents no longer need to drive), reduced pollution emissions, and increased fitness and health, all of which should be considered in analysis.

Factors That Affect Accessibility

This section describes specific factors that affect accessibility and how they should be evaluated.

Transportation Demand and Activity

Transportation demand refers to the amount of mobility and accessibility people would consume under various conditions. *Transportation activity* refers to the amount of mobility and accessibility people actually experience. People typically make 2-4 daily trips outside their home, with higher levels of demand for people who commute to school or jobs, care for dependents (such as children or disabled adults), and have higher incomes (ITE 2003). Some people, particularly those with disabilities, tend to have significant latent travel demand, that is, they would like to take more trips outside their homes (Mattson 2012). Travel demand can be categorized in various ways:

- Demographics (age, income, employment status, gender, etc.)
- Purpose (commuting, personal errands, recreation, etc.).
- Destination (school, job, stores, restaurants, parks, friends, families, etc.). These can be divided into common destinations (goods and services available at many locations) and unique destinations (activities at a particular destination, such as a friend's house).
- Time (hour, day, season).
- *Mode* (walking, cycling, automobile driver, automobile passenger, transit passenger, etc.). *Mode share* (the portion of trips made by different modes) is affected by factors such as vehicle availability, the quality of alternative modes and community design.
- *Distance* (from origin to destination, and from origin to access each mode, such as walking distance to transit stations).

Most people consider a certain amount of mobility desirable (Mokhtarian and Salomon 2001; Colonna 2009), including walking, cycling, driving and public transit (Handy, 1993). People enjoy certain travel activities, such as drives in the countryside, holiday trips. Even utilitarian trips, such as errands and commuting, may be longer than necessary due to travel enjoyment. However, travel time research indicates that most people would prefer to devote less time to travel ("Travel Time Costs," Litman 2006a).

- Demographic and geographic factors affect demand for mobility and access. Attending school, being employed, or having dependents increases demand.
- Price, quality and other factors affect demand for each mode and therefore mode split.
- As accessibility improves people tend to access more opportunities.
- Under some circumstances, time spent traveling has little or no cost.

Mobility

Mobility refers to physical movement, measured by trips, distance and speed, such as person-miles or –kilometers for personal travel, and ton-miles or tonne-kilometers for freight travel. All else being equal, increased mobility increases accessibility: the more and faster people can travel the more destinations they can reach.

Conventional planning tends to evaluate transport system quality primarily based on mobility, using indicators such as average traffic speed and congestion delay (Litman 2001). However, efforts to increase vehicle traffic speeds and volumes can reduce other forms of accessibility, by constraining pedestrian travel and stimulating more dispersed, automobile-oriented development patterns. Improving high occupant vehicle (HOV) travel and favor it over driving can reduce congestion increase personal mobility (person-miles of travel) without increasing vehicle mobility (vehicle-miles of travel).

Different modes have different speeds and different scales of accessibility (Krizek, et al. 2007). For example, in 5 minutes a typical pedestrian can walk about a ½ mile and so can access 36 square blocks, while a cyclist can travel about one mile and access 256 square blocks, and a motorist can travel 2 miles and access 2,500 square blocks.

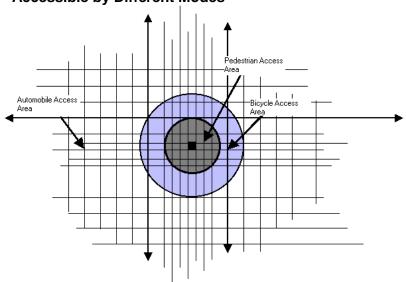


Figure 1 Accessible by Different Modes

Increased speed can result in a proportionally larger increase in accessible area.

- More and faster travel increases accessibility.
- Congestion can limit accessibility by a particular mode.
- Efforts to increase automobility can reduce other forms of accessibility.
- Higher occupancy modes can increase personal mobility without increasing vehicle travel.

Transportation Options

Transportation options (also called *mobility options, transport diversity* and *transport choice*) refer to the quantity and quality of transport modes and services available in a particular situation. In general, improving transport options improves accessibility. Modes differ in their capabilities and limitations, as summarized in Table 2, and so are most appropriate for serving different demands (types of users and trips). For example, active modes (walking and cycling) are most appropriate for shorter trips, public transit is most appropriate for longer trips on major urban corridors, and automobiles are most appropriate for trips that involve heavier loads, longer trips and dispersed destinations.

Table 2	Suitabili	ty of Tra			
Mode	Non- Drivers	Poor	Handi- capped	Limitations	Most Appropriate Uses
				Requires physical ability. Limited	
				distance and carrying capacity.	Short trips by physically able
Walking	Yes	Yes	Varies	Difficult or unsafe in some areas.	people.
				Requires sidewalk or path. Limited	Short urban trips by people with
Wheelchair	Yes	Yes	Yes	distance and carrying capacity.	physical disabilities.
				Requires bicycle and physical	Short to medium length trips by
				ability. Limited distance and	physically able people on suitable
Bicycle	Yes	Yes	Varies	carrying capacity.	routes.
					Infrequent trips, short and
Taxi	Yes	Limited	Yes	Relatively high cost per mile.	medium distance trips.
Fixed Route					Short to medium distance trips
Transit	Yes	Yes	Yes	Destinations and times limited.	along busy corridors.
Paratransit	Yes	Yes	Yes	High cost and limited service.	Travel for disabled people.
				Requires driving ability and	Travel by people who can drive
Auto driver	No	Limited	Varies	automobile. High fixed costs.	and afford an automobile.
Ridesharing				Requires cooperative motorist.	Trips in which motorists can carry
(auto passenger)	Yes	Yes	Yes		additional passengers.
Carsharing				Requires convenient and	Occasional use by drivers who
(Vehicle Rentals)	No	Limited	Varies	affordable vehicle rentals services.	don't own an automobile.
				Requires riding ability and	Travel by people who can ride
Motorcycle	No	Limited	No	motorcycle. High fixed costs.	and afford a motorcycle.
Telecommute	Yes	Varies	Varies	Requires equipment and skill.	Alternative to some types of
					trips.

Table 2 Suitability of Transport Modes

Each mode is suitable for certain purposes.

The quality of different modes can be evaluated using various *level-of-service* (LOS) ratings, which grade service quality from A (best) to F (worst). Conventional planning tends to evaluate transport system quality based primarily on automobile travel conditions, but similar ratings can be applied to other modes, as indicated in Table 3 (Litman 2007b). For example, Minocha, et al. (2008) evaluate transit employment accessibility using an index of transit service quality (frequency and station quality) and transit travel times to employment areas. Owen and Levinson (2014) measure home-to-work door-to-door travel times by walking-cycling-transit for 46 of the 50 largest metropolitan areas in the United States.

Table 3 N	Multi-Modal Level Of Service ("Transport Options," VTPI 2006; FDOT 2007)
Mode	Level of Service Factors
Universal design (disability access)	Degree to which transport facilities and services accommodate people with disabilities and other special needs.
Walking	Sidewalk/path quality, street crossing conditions, land use conditions, security, prestige.
Cycling	Path quality, street riding conditions, parking conditions, security.
Ridesharing	Ridematching services, chances of finding rideshare matches, HOV priority.
Public transit	Service coverage, frequency, speed (particularly compared with driving), vehicle and waiting area comfort, user information, price, security, prestige.
Automobile	Speed, congestion delay, roadway conditions, parking convenience, safety.
Telework	Employer acceptance/support of telecommuting, Internet access.
Delivery services	Coverage, speed, convenience, affordability.

This table indicates specific factors for evaluating the service quality of various transport modes.

Leigh, Scott & Cleary (1999) developed a method for quantifying a community's *mobility gap*, defined as the amount of additional transit service required for vehicle lackinghouseholds to enjoy mobility levels comparable to vehicle-owning households. This is a conservative estimate because it does not account for unmet mobility needs of nondrivers in vehicle-owning households. Only about a third of transit needs are currently being met in the typical areas they evaluated, indicating a level of service (LOS) rating D, based on ratings shown in Table 4. The approach can be used to predict the LOS rating that will occur under various transit planning and investment scenarios.

Table 4 Transit Level Of Service Ratings	(Leigh, Scott & Cleary 1999, p. VIII-3)
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Table I Hallelt		<u>,</u> ,	g., eeen er erear) reee	, pi (iii o)
Portion Demand Met Transit Level-Of-Service			Portion Demand Met	Transit Level-Of-Service
90% or more	А		25-49%	D
85-89%	В		10-24%	E
50-74%	С		Less than 10%	F

Sometime, a particular factor significantly affects accessibility. For example, inadequate information or poor security around transit stations can constrain transit use (potential riders don't know how to use it or have exaggerated fears of discomfort and risk).

- Improving transport options tends to improve accessibility. Improvements can include increased convenience, speed, comfort, affordability, security, user information and prestige.
- Destinations served by more modes or better quality service tend to have better access.
- Evaluating accessibility requires detailed understanding of people's access needs and abilities, travel mode constraints, and the quality of service at a destination.

User Information

The quality of information can affect the functional availability and desirability of mobility and accessibility options. For example, motorists need accurate and convenient information on travel routes, roadway conditions (such as when congestion, construction and accidents delay traffic), vehicle services, and the availability and price of parking. Potential transit users need information on transit routes, schedules, fares, comfort factors (such as whether vehicles will have seats or stations will have washrooms), and access to destinations. Walkers and cyclists need information on recommended routes, and cyclists need information on parking options. Information on destinations (such as whether a store offering a particular good is within convenient walking distance) can also affect accessibility.

There are many ways to provide transportation information, including maps, brochures, websites, social media and telephones systems. New communications systems can significantly improve transportation user information, including in-vehicle navigation systems for motorists, websites with detailed transit route and schedule information, real-time information on transit vehicle location and arrival (websites accessible by mobile telephone, and monitors at transit stops, can indicate the number of minutes until a particular bus or train will arrive at a particular location), and various scale maps and guides for pedestrians and cyclists. The effectiveness of such information depends on how well potential users are aware of, can access, and actually apply this information.

- The availability and accuracy of user information affects accessibility.
- In many situations, improving user information is a cost effective way of improving accessibility.
- The effectiveness of such information depends on how well potential users are aware of, can access, and actually apply information.

Integration, Terminals and Parking

Accessibility is affected by the quality of system integration, such as the ease of transferring between modes, the quality of stations and terminals, and parking convenience.

Automobile transportation is generally well integrated. Most destinations have abundant and generally free or low-priced parking, and most transfer stations (airports, train and bus stations, ferry terminals and ports) are located and designed for convenient highway access, vehicle parking and often vehicle rental services. Motorists generally have good information through signs and maps.

The integration of other modes varies significantly, and inadequate integration is sometimes a major barrier to non-automobile accessibility. For example, airports and ferry terminals are sometimes difficult to access by public transit, and bus stops and train stations are sometimes uncomfortable and difficult to access, particularly by people with disabilities, children, and people carrying heavy loads. Some destinations lack suitable bicycle parking and changing facilities. It is often difficult to obtain accurate information on alternative modes.

- The connections between links and modes affect accessibility.
- The location and quality of transportation terminals affects the accessibility of the modes they serve. The quality of bus stops, train stations, ferry terminals and other transfer facilities affects the relative accessibility of these modes.
- The availability, price and convenience of parking affect automobile accessibility.
- Bicycle transportation is facilitated by appropriate bicycle parking and storage facilities (including some covered and secure parking), and changing facilities at worksites.

Affordability

Transportation Affordability means that user financial costs of transport are not excessive, particularly for basic access (travel with high social value). Individual and community factors influence transportation affordability. Motorists are primarily affected by the affordability of driving, while non-drivers are more affected by the affordability of other modes such as public transit and taxi services.

Transportation affordability can be evaluated in several ways, including the quality and costs of using various modes (particularly modes used by people with lower incomes, such as walking, cycling, public transit, used cars, and taxi services), the affordability of living in more accessible locations, and the portion of total household budgets devoted to transport (Fan and Huang 2011). Requiring lower-income households to spend more than about 20% of their budget on transport can be considered unaffordable. Lower-income workers in automobile-dependent communities tend to bear particularly high transportation costs ("Affordability," VTPI 2006). Because lower-income households tend to own older, less reliable vehicles, and have high insurance costs, they often face problems associated with unexpected breakdowns and associated expenses, high crash risk, and uninsured driving.

Some recent studies use an *affordability index* of combined household housing and transportation costs (including vehicle ownership and operation, and transit fares) to evaluate the cost burden of different housing locations. Lipman (2006) found that the portion of household budgets devoted to housing and transportation averages 48% overall, but for working families with incomes under \$50,000, the combined burden averages 57%, with lower rates in more central locations and higher rates in more dispersed locations.

Planning generally recognizes certain transportation affordability factors, such as vehicle operating costs (fuel prices, road tolls and parking fees) and transit fares, but tends to overlook other factors, particularly the importance of nonmotorized modes, modal integration (such as delivery services that help people shop by walking, cycling and public transit) and location factors. In particular, current planning practices sometimes restrict development of affordable housing, forcing lower-income people to live in automobile-dependent locations where they bear excessive transportation costs.

- Affordability affects accessibility.
- Affordability is especially a problem for lower-income workers.
- Affordability can be improved by reducing user costs (vehicle purchase costs, fuel prices, transit fares, etc.), by improving more affordable modes (such as walking, cycling and public transit), and by increasing land use accessibility.
- Location affects transport affordability. Lower-income residents in automobile-dependent locations tend to spend an excessive portion of their income on transport.

Mobility Substitutes

Mobility substitutes include *telework* (telecommunications that substitutes for physical travel) and delivery services that provide access with minimal mobility ("Telework," VTPI, 2006). Mobility substitutes can provide access for many goods and activities. For example, one way to improve access to information is to provide high-speed internet service, and arrange convenient and inexpensive delivery of library books directly to homes. Similarly, pharmacies may deliver medicines and other medical goods, rather than requiring customers to travel to a store.

However, there are limits to mobility substitute benefits. Many jobs and employees are unsuitable for telecommuting. Although it may be possible to purchase goods online, it is usually less satisfying than visiting a store where the physical goods can be examined. And an email, no matter how articulate, can never substitute for some physical interactions; mobility substitutes are often less productive and satisfying than physical access.

Mobility substitutes do not necessarily eliminate vehicle travel; in some situations they stimulate additional mobility by allowing more dispersed development and longer commute trips. For example, when given permission to telecommute two or three days a week, some employees use the opportunity to choose more distant home or employment locations, and telecommuters often make additional vehicle trips to run errands that would otherwise be made during while commuting, or to attend meetings or visit friends.

Mobility substitutes can complement other alternative modes. For example, Internet transit schedules can improve transit service, and delivery services can help people shop by walking, cycling and public transit. Mobility substitutes can be particularly effective at reducing vehicle travel if implemented as part of a comprehensive mobility management program that improves travel options and discourages driving.

Most mobility substitutes enjoy economies of scale. For example, high-speed Internet services and most delivery services require a minimal level of demand in a particular area to be cost effective, and as demand increases the quality of service will increase. This may justify subsidies or other favorable public policies to stimulate demand.

- Mobility substitutes can provide access to certain types of activities (primarily involving information exchange), certain types of goods (suitable for shipping), and certain types of users (people who are comfortable using telecommunications equipment).
- Mobility substitutes do not eliminate the need for other types of access, and by themselves may stimulate motorized travel by supporting more dispersed housing and long-distance commutes.
- Mobility substitutes can complement alternative modes, reducing vehicle travel. For example, delivery services allow people to shop by walking, cycling and public transit.

Land Use Factors

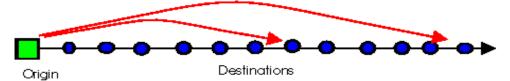
Various *land use* (also called *geographic*, *urban form* and *built environment*) factors affect accessibility (Litman 2005), including density, mix, connectivity and walkability. *Smart growth*, a more accessible land use pattern, means that less mobility is needed to reach activities and destinations. A typical household's accessibility can be envisioned as a triangle connecting home, work and services. Travel distances and options among these destinations affect overall accessibility. For example, improving the variety of services (shops, schools, restaurants, parks, etc.) within a neighborhood or worksite, and improving travel options from home to worksite, tends to increase accessibility and reduce transport expenditures.

Let's say you typically visit a dozen destinations each week (e.g., worksite, stores, friends, video rental, bookshop, department store, pharmacy, camera shop). Say these destinations are evenly located along a road with your home at one end, as in Figure 2. The more dispersed your destinations, the more travel is required to reach them. If destinations average a half-mile apart, your travel requirements will be half as far as if they average 1 mile apart. If destinations are very close together (say, averaging one or two blocks apart), you can reach them by walking or transit and walking.

Implications:

- Increased density and clustering of activities tends to increase accessibility.
- Shorter travel distances can improve transport options (particularly walking).

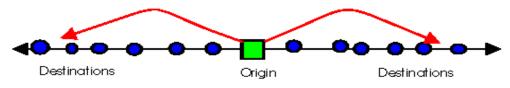




As destinations are located closer together along a roadway, accessibility increases. If destinations are close enough together, they can be reached by walking.

Accessibility increases with closer destinations (Figure 2) and more central locations (Figure 3), because this reduces the average distance to each destination.

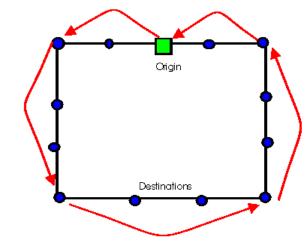
Figure 3 Accessibility From A Location In The Center Of A Roadway



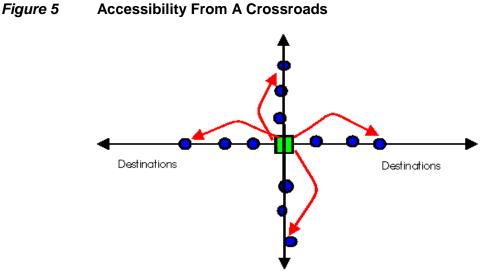
A more central location reduces travel requirements, increasing accessibility.

Accessibility can increase if the two ends of a road are connected (a simple form of increased *connectivity*), as in Figure 4, because this may allow you to travel in a loop and avoid backtracking for some types of trips.

Figure 4 Accessibility From A Location On A Loop Road

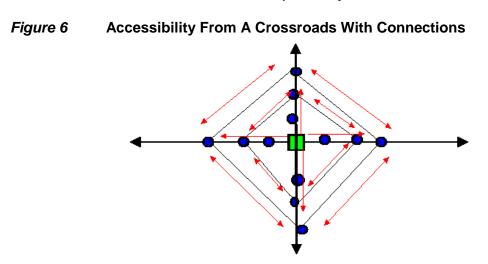


A connected loop increases route options, increasing accessibility.



Locating at a crossroads reduces travel requirements, increasing accessibility.

Accessibility increases at a crossroads with destinations in each direction, as in Figure 5. Side roads that link destinations, as illustrated in Figure 6, increase accessibility by allowing more direct travel between destinations.



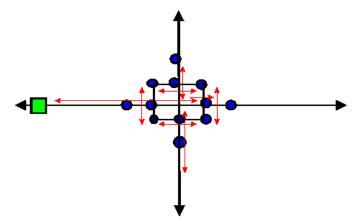
As the number of roadway connections increases so do route options, increasing accessibility.

Implications:

- A more central location increases accessibility.
- A more connected road network increases accessibility.

Density refers to the number of people or jobs per acre. *Clustering* refers to people and activities locating together. Density and clustering are somewhat different concepts. Low-density areas can have a high degree of clustering, such as rural residents and businesses locating in villages. *Land use mix* refers to various land uses (residential, commercial, institutional, recreational, etc.) located close together. Land use density, clustering and mix tend to increase accessibility (Hine and Grieco 2003). For example, a neighborhood or activity center with housing, stores, offices and transport services located close together provides a high level of accessibility, as illustrated in Figure 7.

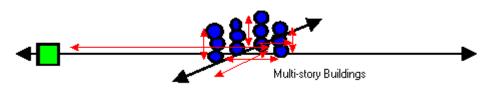
Figure 7 Accessibility With Clustering Of Destinations



Clustering increases access to common activities, particularly by walking and public transit.

Figure 8 illustrates how multi-story buildings can stack destinations on top of each other to achieve greater density and accessibility. Accessibility tends to be greatest on ground floors, because they are directly connected to sidewalks and parking facilities.

Figure 8 Accessibility With Vertical Clustering



Vertical clustering (multi-story buildings) can increase accessibility.

Certain types of activities experience agglomeration economies, that is, they become more efficient and productive if located close together. Many businesses and industries become more productive if located in a commercial center (downtown or mall) close to customers and services. For example, a lawyer becomes more productive if there are plenty of clients nearby, and services such as photocopy shops and accountants are nearby. Similarly, a software industry tend to be more productive if numerous related businesses (programmers, graphic design, digital music, hardware suppliers, specialized law and accounting firms) are located close together.

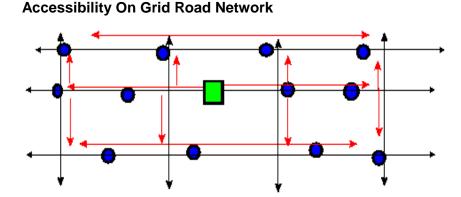
The relationship between density and accessibility is complex, because increased density and clustering can increase traffic and parking congestion, which reduces automobile accessibility. Other modes, such as walking and public transit, require less space and benefit from density. Clustering activities into a compact center (such as a downtown or mall) makes it feasible to perform numerous errands with one vehicle trip, which is helpful to motorists and even more helpful to transit users.

- Clustering and mixing of common destinations increases accessibility.
- Generous parking supply tends to improve automobile access but can reduce accessibility by other modes.
- Clustering transportation services into centers and terminals increases accessibility.
- Increasing building height or reducing the amount of land around buildings devoted to parking can increase density and accessibility.
- Certain types of clustering can provide economies of agglomeration.
- Density and clustering may create vehicle traffic and parking congestion, but this may be offset if increased accessibility and transportation diversity reduce vehicle traffic.

Transportation Network Connectivity

Figure 9

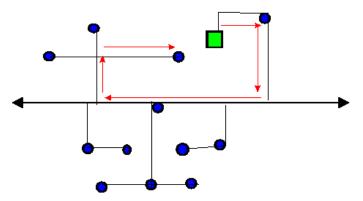
Connectivity refers to the density of connections within a transport network. Increased connectivity tends to increase accessibility. A dense path or road network (Figure 9) with shorter blocks and more connections tends provide good accessibility due to multiple routes, more direct connections between destinations, and narrower streets with lower traffic speeds that are better suited to walking and cycling, and therefore to public transit travel (since most transit trips involve walking links). Similarly, two-way streets tend to provide more direct access to destinations than one-way streets (Gayah 2012).



A traditional grid network has many connected roads, providing multiple, direct route choices. This tends to reduce trip distances, increase travel choice, reduce congestion, and increase accessibility.

A *hierarchical* road network (Figure 10), with many dead-end streets connected by wide arterial roads, tends to have higher average traffic speeds but lower overall accessibility due to longer travel distances (since routes are more circuitous), increasing congestion (since traffic is concentrated on arterials), and poor walking and cycling conditions (due to wider roadways and higher speed traffic).

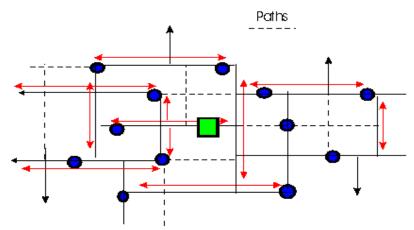
Figure 10 Accessibility With Hierarchical Road Network



A hierarchical road network channels traffic onto a few major arterials, even for travel between destinations located near to each other. This tends to reduce accessibility, increase congestion and reduce travel options (particularly walking). This roadway design is common in suburban communities.

Cul-de-sac streets are popular because they constrain traffic. An alternative approach is a *modified grid* with connected streets with short blocks and T-intersections to limit traffic speeds, as illustrated in Figure 11. This limits traffic while still allowing more direct routes between destinations. This can be improved further by incorporating paths (dashed lines) that improve access for walking and cycling. Traffic calming can control excessive traffic in older neighborhoods with grid street, as advocated by New Urbanist planners.

Figure 11 Accessibility On Modified Grid Road And Path Network



A modified grid has many connected roads designed with short blocks and T-intersections to limit traffic speeds. Paths create shortcuts for walking and cycling. This provides good accessibility, creates a more livable neighborhood and encourages nonmotorized transport.

- A hierarchical street system with traffic channeled onto major arterials tends to reduce access, increase congestion and degrade nonmotorized travel conditions.
- Two-way streets provide more connectivity than one-way streets.
- A grid or modified-grid street system provides more direct access to destinations.
- Pedestrian paths and shortcuts can improve nonmotorized accessibility.

Connectivity Index

A *Connectivity Index* evaluates how well a roadway network connects destinations (Ewing, 1996). It is computed by dividing the number of roadway links by the number of roadway nodes. Links are the segments between intersections, and the node are the intersections themselves. Cul-de-sac heads count the same as any other link end point. The result can be calculated separately for pedestrian and cycling access, taking into account connections and links for non-motorized travel, such as a path that connects the ends of two cul-de-sacs.

A higher index means that travelers have increased route choice, allowing more direct connections for access between any two locations. According to this index, a simple box is scored a 1.0. A four-square grid scores a 1.33 while a nine-square scores a 1.5. Deadend and culde-sac streets reduce the index value. This sort of connectivity is particularly important for nonmotorized accessibility. A score of 1.4 is the minimum needed for a walkable community.

Transportation System Management

Various transportation system management factors can affect mobility and accessibility. Transportation Demand Management (TDM) strategies include various policies and programs that encourage more efficient use of transportation resources, such as targeted improvements and incentives to encourage commuters to use space-efficient modes, and freight transport management programs that result in more efficient shipping.

Roadway design decisions often involve tradeoffs between different forms of access. For example, roadway planners must often choose between allocating road space to general traffic lanes, bus lanes, bike lanes, parking lanes, sidewalks, utilities (such as telephone poles), street furniture, and other activities (such as landscaping and sidewalk cafes). Wider and straighter roads with minimum intersections and driveways tend to favor automobile travel, but may be difficult and unpleasant for walking and cycling, and therefore for public transit access. Conversely, design and management strategies, such as expanding pedestrian and cycling facilities, traffic calming, and traffic speed reductions, tend to benefit walking and cycling access, but reduce motor vehicle traffic speeds and capacity, reducing mobility.

- Transportation demand management strategies can be used to increase transport system efficiency and address specific problems.
- Roadway design and management often involves tradeoffs between different forms of mobility and access.
- Roadway design and management can favor certain modes, users or locations.

Prioritization

Prioritization increases transport system efficiency by giving priority to higher value trips and more efficient modes:

- Pricing, which allows higher value travel to outbid lower value travel, based on consumers' willingness-to-pay. For example, road pricing allows higher value vehicle trips to out-bid lower value trips on congested roads, and parking pricing allows motorists access to more convenient parking spaces if they are willing to pay.
- Policies that favor basic mobility and basic accessibility (transport considered high value by society), such as priority for emergency and freight vehicles in traffic, transit subsidies and special mobility services that provides mobility for people who are transportation disadvantaged, travel to school and work, and universal design (facility and services designed to accommodate all types of users, including people with disabilities).
- High Occupant Vehicle (HOV) priority systems, which give more space-efficient vehicles, such as vanpools and buses, priority over space inefficient vehicles in traffic.
- Location-efficient planning, which encourages major traffic generators (such as employment centers, public services, and large residential buildings) to choose more accessible locations (such as near transit centers and highway intersections, and closer to major cities, as opposed to dispersed, automobile-dependent locations).
- Transportation planning practices that reflect economic efficiency principles, such as *least-cost planning* (funds are allocated to the transportation improvement options that are most cost effective overall, including alternative modes and demand management strategies), and *congestion pricing* (pricing designed to ration road space).

Prioritization increases the value of accessibility provided by a given amount of mobility and a given expenditure on facilities and services. For example, road and parking pricing allow vehicles making higher value trips to outbid lower value trips, and HOV priority strategies allow space efficient modes, such as vanpools and buses, to avoid congestion delays experienced by space inefficient modes. Without prioritization, large investments in roadway capacity expansion may provide virtually no reduction in traffic congestion (due to generated traffic), little net benefits to consumers (since much of the value is captured as a windfall to urban fringe land owners, who see their property values increase), and even negative net benefit to society as the increased vehicle travel increases external costs such as downstream congestion, accidents, pollution emissions and sprawl. Prioritization strategies such as congestion pricing and HOV lanes can improve accessibility while reducing total vehicle travel. Similarly, location-efficient land use development can increase overall accessibility while reducing mobility.

Various terms are currently used for transportation prioritization, including *traffic management* (which refers to strategies that improve traffic flow, such as ramp metering, reversible lanes and HOV priority), *transportation demand management* (*TDM*) and *mobility management*, which include various strategies that improve travel options, encourage use of efficient modes, and increase land use accessibility, as listed

in Table 5. Because these strategies are intended to increase accessibility while reducing vehicle travel, they require accessibility-based analysis to evaluate their benefits.

Improves Transport Options	Incentives for Efficiency	Land Use Management	Policy & Planning Reforms
Transit improvements	Congestion pricing	Smart growth	Commute trip reduction programs
Walking and cycling	Distance-based fees	New urbanism	
improvements Rideshare programs	Employee transportation benefits	Location-efficient development	School and campus transport management
Flextime/Compressed	Parking cash out	Parking management	Freight transport management
workweek	Parking pricing	Transit oriented	Tourist transport
Carsharing	Pay-as-you-drive vehicle	development	management
Telework	insurance	Car free planning	Transit marketing
Bike/transit integration	Fuel tax increases	Traffic calming	Nonmotorized
Guaranteed ride home			encouragement

Table 5	Mobility Management Strategies (VTPI, 2006)
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This table lists various types of mobility management strategies.

Prioritization tends to be most effective if implemented as part of an integrated mobility management program that improves travel options and land use accessibility. For example, road pricing and HOV lanes may fail to improve accessibility if implemented alone, but may provide significant net benefits if implemented in conjunction with ridesharing and transit service improvements on that corridor, and transit-oriented development in destination areas. Planning should therefore evaluate mobility management packages rather than individual strategies. When all impacts are considered, prioritization is often the most cost-effective way to improve accessibility because it increases the value provided by each unit of mobility. However, these benefits can be difficult to quantify using mobility-based evaluation, and so they tend to be undervalued by conventional transport planning.

- Various prioritization strategies (often called *transportation demand management* or *mobility management*) can increase transport system efficiency by favoring higher value trips and more efficient modes. This increases the value provided by a given amount of mobility.
- Favoring basic mobility and accessibility tends to increase efficiency and social equity.
- Prioritization strategies affect the relative accessibility of different modes and locations.
- Prioritization is often the most cost-effective way to improve accessibility and addressing transport problems, but tends to be undervalued by conventional evaluation.
- Mobility management evaluation requires accessibility-based analysis which recognizes that some travel has more value than others.

The Value of Inaccessibility

Most transport planning assumes that increased accessibility and mobility provide net benefits to society. Yet, inaccessibility provides benefits and increased mobility often imposes significant external costs. For example, many people dream of living on an isolated rural community or island for the sake of quiet, privacy and community cohesion. Expanded transport facilities and increased vehicle traffic impose significant external costs (such as increased infrastructure costs, congestion, accident risk, neighborhood disruptions, energy consumption and pollution emissions) which may offset much of the benefits of increased mobility. Comprehensive analysis of accessibility and mobility should therefore account for these external costs, and not assume that increased accessibility and mobility are necessarily beneficial.

Many people want to live in a rural community but work and shop in a city. As a result, there is often significant demand for urban fringe accessibility improvements. Yet, this can spoil the amenities that urban fringe residents desire. Households that moved 10-miles from the city to enjoy rural life soon find their area is spoiled by development, so they must move further away, making willingness to drive a limiting factor. This trend continually expands the urban fringe and increases transport costs, exacerbating urban sprawl and transportation problems such as congestion, accidents and pollution.

- Current planning generally fails to consider the disamenities associated with increased accessibility and the external costs of increased mobility, and so tends to overstate the benefits of increased access and mobility.
- To the degree that automobile travel is underpriced, current levels of motor vehicle travel will be economically excessive, and accommodating this demand is likely to be economically harmful.
- Communities may be better off limiting accessibility and mobility, particularly where isolation, quiet, independence and community cohesion are valued, and vehicle travel may impose significant externalities.

Summary of Factors Affecting Accessibility

The table below lists factors that affect accessibility, how they are currently considered, and possible improvements for more comprehensive transport and land use planning.

Table 6	Summary of Factors Affecting Accessibility						
Name	Description	Current Consideration	Improvements				
Transport Demand	The amount of mobility and access people and businesses would choose.	Motorized travel demand is well measured, but non- motorized demand is not.	More comprehensive travel surveys, statistics and analysis of travel demands.				
Mobility	Travel speed and distance.	Primarily evaluates motor vehicle traffic speeds and vehicle mileages traveled.	More comprehensive evaluation of mobility by other modes.				
Transport Options (modes)	The quality (speed, convenience, comfort, safety, etc.) of transport options including walking, cycling, public transit, etc.	Motor vehicle travel speed and safety are usually considered, but other modes and accessibility factors are often overlooked.	More multi-modal evaluation (speed, convenience, comfort, safety, etc. of walking, cycling, transit, etc.)				
User information	Availability of reliable information on mobility and accessibility options.	Sometimes considered for particular modes or locations, but seldom comprehensive.	Better wayfinding information can help users navigate transport systems.				
Integration	The degree of integration among transport system links and modes.	Automobile transport is generally well integrated, but not connections between other modes.	More integrated planning to improve travelers' ability to connect between system components.				
Affordability	The cost to users relative to their incomes.	Automobile operating costs and transit fares are usually considered.	Getter evaluation of transport costs relative to users incomes.				
Mobility Substitutes	Telecommunications and delivery services that substitute for physical travel.	Not usually considered in transport planning.	Consider mobility substitutes as part of the transport system.				
Land Use Factors	Land use density and mix.	Usually considered in land use planning, but less in transport planning.	Measure how land use factors affect travel distances and costs.				
Transport Network Connectivity	Density of transport network connections, and therefore the directness of travel between destinations.	Transport planning is starting to consider roadway connectivity impacts on accessibility.	Measure how roadway connectivity affects travel distances and costs.				
Transport Management	How transport management affects accessibility.	Limited consideration.	Consider how transport management affect access.				
Prioritization	Strategies that favor more efficient travel activity.	Limited consideration.	Consider transport prioritization strategies.				
Inaccessibility	The value of inaccessibility and isolation.	Not generally considered in transport planning.	Recognize the value of sometimes limiting access.				

Table 6 Summary of Factors Affecting Accessibility

This table indicates factors that affect accessibility, how they are currently considered, and potential improvements for more comprehensive planning.

Perspectives

Accessibility can be viewed from various perspectives, such as a particular person, group, mode, location or activity. It is therefore important to specify the perspective being considered when evaluating accessibility. For example, a particular location may be very accessible to some modes and users, but not to others.

Individuals and Groups

Planning should account for different people and group's differing accessibility needs and abilities, as indicated in Table 7. Some types of planning analysis focus on certain groups, such as commuters, customers, visitors, or people with disabilities, depending on the type of problem to be addressed.

Table 7 Importance of Transportation Modes							
Groups	Groups Walking Cycling Driving Public Transit Taxi Air Trave						
Adult commuters	2	1	3	2	1	1	
Business travelers	2	0	3	2	3	3	
College students	3	3	2	2	0	1	
Tourists	3	2	3	2	2	3	
Low-income people	3	2	2	3	2	0	
Children	3	3	2	1	0	1	
People with disabilities	3	2	1	3	2	2	
Freight delivery	0	1	3	0	1	1	

Different groups tend to rely more on certain modes. Rating from 3 (most important) to 0 (unimportant).

Basic accessibility analysis investigates people's ability to reach goods and services considered basic or essential, such as medical care, basic shopping, education, employment, and a certain amount of social and recreational opportunities. This requires categorizing people according to attributes such as:

- Vehicle accessibility (degree that people have a motor vehicle available for their use).
- Physical and communication ability (consideration of various types of disabilities, including • ambulatory, visual, auditory, inability to read, etc.).
- Income. In general, people in the lowest income quintile can be considered poor. •
- Commuting. The degree to which people must travel regularly to school or work. •
- Dependencies. The degree to which people care for children or dependent adults.

Case (2011) developed a model that evaluates nondrivers' accessibility based on nondrivers trip generation rates. This technique can help identify the best neighborhoods to focus non-automobile transportation improvement efforts, including targeted walking, cycling and public transport improvements, more accessible land use development, and increased affordability.

A transportation deprivation index can be calculated which assigns points for factors that indicate people are transportation disadvantaged, as illustrated in the following table.

Factor	Rating System	Rating
Vehicle	One point for each day of the week that the person normally cannot use	
Accessibility	an automobile.	
Physical ability	4 points for ambulatory or visual impairment; 3 for auditory impairment;	
	2 for communication impairment	
Poverty	3 if in the lowest quintile and 6 if in the lowest 10% income class.	
Commute	One point for each day of the week that the person typically commutes	
Responsibility	outside their home.	
Dependencies	Dependencies 3 points for each child or disabled adult who normally depends on that	
	person for physical caregiving.	
Totals	10-20 = moderate disadvantage. 20+ indicates severe disadvantage.	

Table 8	Transport Deprivation Index Example
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This table describes a rating system for identifying people who are transportation

disadvantaged. It can be adjusted to reflect specific planning needs and community values.

Mode

Different modes provide different types of accessibility and have different requirements, as summarized in Table 9. For example, walking and cycling provide more local access, while driving and public transit provide more regional access.

Table 9 Comparison of Transportation Modes ("Transport Diversity," VTPI, 2				
Mode	Speed	User Cost	User Requirements	Facilities
Walking	Low	Low	Physical ability	Walkways
Cycling	Medium	Low	Physical ability	Paths/roads
Public Transit	Medium	Medium	Minimal	Roads/Rails
Intercity Bus and Rail	High	Medium	Minimal	Roads/Rails
Commercial Air Service	Very High	High	Minimal	Airports
Тахі	High	High	Minimal	Roadways
Private Automobile	High	High	License	Roadways
Ridesharing	Moderate	Low	Minimal	Roadways
Carsharing	High	High	License	Roadways
Telecommunications	NA	Varies	Equipment	Equipment
Delivery Services	NA	Medium	Availability	Roadways

Tabla O t Diversity " VTPI. 2006)

Different modes have different accessibility profiles.

Location

A particular location's accessibility can be evaluated based on distances and mobility options to common destinations. For example, some areas are automobile-oriented, located on major highways with abundant parking, poor pedestrian and transit access, and few nearby activities. Other areas are transit-oriented, with high quality transit service, comfortable stations, good walking conditions (since most transit trips include walking links), and nearby activities serving transit users (such as employment centers, retail, and public services, particularly those that serve people with lower incomes and disabilities).

Activity

Certain types of activities involve certain types of users, travel requirements, modes or locations which affect their accessibility. For example, worksites with many lowerincome employees need walking, cycling, ridesharing and public transit access; industrial and construction activities need freight vehicle access; hospitals need access for emergency vehicles and numerous shift workers.

Summary

Accessibility evaluation should consider various perspectives, including different people, groups, modes, locations and activities. Accessibility evaluation often requires separate analysis for specific perspectives, and accessibility improvements may be targeted at specific groups, modes, locations or activities. For example, it is often appropriate to analyze the quality of accessibility to a particular destination or activity by various groups including motorists, non-drivers, people with disabilities and delivery vehicles.

Evaluating Accessibility

Evaluation refers to methods of measuring the impacts of an activity or decision, such as the costs and benefits of various transportation improvements. How accessibility is evaluated affects many planning decisions (Levinson and El-Geneidy 2007; Litman 2003).

Current evaluation practices tend to measure *mobility* rather than overall *accessibility*. Traffic models are commonly used to evaluate automobile and transit service quality. They measure travel speeds, operating costs and fares. Such models only account for travel between zones, not travel within zones; many fail to account for generated traffic impacts (which overstates the congestion reduction benefits of roadway capacity expansion); few incorporate transit service quality factors other than travel speed; and they often do a poor job of predicting the impacts of mobility management strategies such as pricing reforms, HOV priority measures or improved user information.

How certain factors are measured can significantly affect analysis results. For example:

- Accessibility should generally be measured door-to-door, taking into account the travel links from origins to vehicles and from vehicles to destinations. For example, delays finding a parking space should be counted as part of travel time costs.
- Travel time costs should reflect factors such as comfort and convenience. For example, congestion and crowding increase unit costs ("Travel Time Costs," Litman, 2006a).
- Travel distances should be based on actual network conditions, rather than as-the-crow-flies.
- Accessibility analysis should consider costs such as vehicle ownership and parking, not just vehicle operating costs.

Current evaluation methods often fail to incorporate many these factors (Geurs 2006). They generally focus on easier-to-measure impacts at the expense of more difficult to measure impacts. For example, current transport models generally assign the same travel time cost value to all travel, regardless of comfort and convenience. This favors transport system improvements that increase vehicle travel speeds over improvements that increase travel comfort and convenience (such as nicer walking conditions, more pleasant transit waiting areas and reduced transit vehicle crowding).

The Access to Destinations study (El-Geneidy and Levinson 2006) uses detailed data on land use, travel behavior, and population demographics to evaluate accessibility in a particular situation. It involves the following steps:

- Accessibility definition. A definition of accessibility that can be applied to various modes.
- Land use activities. Destination information can be developed by activity type (e.g., employment, housing, retail, education, and recreation).
- Accessibility by mode to destinations. This information can be used to measure accessibility by mode for specific activities and geographic locations in order to compare accessibility for different groups (such as motorists versus non-drivers, and residents of specific neighborhoods), and track how this changes over time or in response to planning decisions.

Cheng and Agrawal (2010) developed a time-based method to visualize and analyze transit service coverage—a computer application called the *Time-Based Transit Service Area Tool* (TTSAT) which incorporates total trip travel time into the transit service area maps it generates. To make these travel-time estimates realistic, TTSAT integrates all segments of a complete, door-to-door transit trip into the trip time calculations. TTSAT's mapping and analysis capabilities offer numerous potential applications for planners, developers, and members of the public working to create transit-accessible communities.

Levinson (2013) measured the number of jobs that could be reached by automobiles within certain time periods for the 51 largest metropolitan areas in the United States for 2010, taking into account the geographic location of homes and jobs, roadway network connectivity and average traffic speeds. Rankings are determined by a weighted average of accessibility, giving a higher weight to closer jobs. Jobs reachable within ten minutes are weighted most heavily, and jobs are given decreasing weight as travel time increases up to 60 minutes. Based on this measure, the ten metro areas that provide the greatest average accessibility to jobs are Los Angeles, San Francisco, New York, Chicago, Minneapolis, San Jose, Washington, Dallas, Boston, and Houston.

Walkability deserves particular attention in accessibility analysis because it is an important mode itself, and supports other modes. For example, improved walking conditions increases the range of parking facilities that serve a destination, which improves automobile access, and most transit trips include walking links, so walkability improvements can improve transit accessibility. When measured based on distance, as is common in conventional transport planning, nonmotorized modes represent a tiny portion of total travel, suggesting that it is unimportant, but when measured based on time, as people generally experience travel, nonmotorized modes represent a significant portion of travel and so are recognized as relatively important, as illustrated in Figure 12. This is one facet of shifting from mobility-based to accessibility-based evaluation.

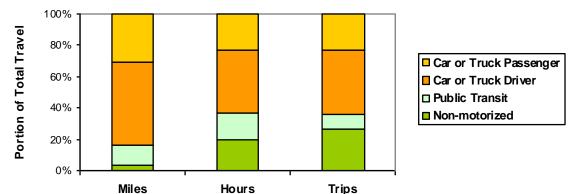


Figure 12 Portion of Travel By Various Units (DfT 2003)

Non-motorized modes only represent 3-5% of travel distance, implying low importance, but 20-25% of travel time and trips, indicating greater importance.

Accessibility can be measured based on *generalized costs* (time and money) when evaluating the users perspective, and *total costs* (including indirect and non-market costs) when evaluating society's perspective. For example, commute accessibility can be evaluated by measuring the combined time and money that students and employees spend getting to school and work. The results can be evaluated to determine whether those costs are excessive, how commute accessibility varies for different demographic groups and geographic locations, and how various transportation system changes affect accessibility.

For evaluation and planning it is often useful to identify specific accessibility constraints. For example, for some times, locations or groups, accessibility may be constrained by traffic congestion, financial costs, or walking ability.

No single evaluation method can evaluate all accessibility factors; various overlapping methods reflect different impacts, scales and perspectives. A particular planning decision may require use of multiple methods. For example, pedestrian accessibility evaluation requires local scale analysis that takes into account factors such as sidewalk and crosswalk quality, roadway traffic speed and volume, and inclines, plus surveys of users and potential users to identify perceived barriers and problems. Walking is particularly important for certain demographic groups (children, low income households, tourists) and in geographic locations (downtowns, to schools and parks), so walkability analysis is important for evaluating accessibility for these groups and areas.

To the degree that current planning practices favor mobility over accessibility, they result in sub-optimal investment in alternative modes (Martens 2006). More comprehensive evaluation considers more impacts and options. Table 10 indicates reforms needed for more comprehensive and objective evaluation.

Table 10Conventional Versus Comprehensive Evaluation (Litman 2007)					
	Description	Conventional	Comprehensive		
Generated Traffic & Induced Travel	Whether planning accounts for generated traffic and induced travel impacts.	Ignore or applies limited analysis	Comprehensive analysis		
Downstream Congestion	Additional congestion on surface streets that results from increased highway capacity.	Generally ignored	Considered		
Vehicle Costs	Which vehicle costs are considered.	Operating costs only	Ownership and operating costs		
Parking Costs	Parking costs	Only user fees	All parking costs		
Construction Impacts	Whether construction period congestion delays are considered.	Ignores	Includes		
Nonmotorized Travel Impacts	Whether walking and cycling convenience, safety, comfort and cost are considered.	Limited analysis	Comprehensive analysis		
Transit Service Quality	Whether transit comfort and convenience are fully valued.	Undervalues transit quality	Values all transit quality factors.		
Transportation Diversity	Whether all the benefits of improving mobility options (particularly for non-drivers) are considered.	Limited analysis	Comprehensive analysis		
Environmental Impacts	Range and detail of environmental impacts considered in analysis.	Limited analysis	Comprehensive analysis		
Community Livability	Impacts on community livability, including neighborhood walkability and affordability.	Limited analysis	Comprehensive analysis		
Equity Impacts	Whether impacts on community equity objectives are considered.	Limited analysis	Comprehensive analysis		
Land Use Impacts	Whether impacts on land use development objectives (e.g., smart growth) are considered.	Limited analysis	Comprehensive analysis		
Safety and Health	Consideration of safety and health impacts.	Crash rates	All health impacts		

... . . . ~ /1 :4. 2007

Conventional evaluation tends to overlook many of the costs of increased automobile traffic and many of the benefits of alternative modes and mobility management.

Newer models incorporate multi-modal LOS factors to better evaluate walking, cycling, public transit and parking conditions (FDOT 2007). Table 11 describes various ways of improving current models to make their analysis more accurate and comprehensive.

Table 11					
Factor	Problems With Current Models	Appropriate Corrections			
Accessibility	Most transportation models primarily evaluate <i>mobility</i> (movement), rather than <i>accessibility</i> (people's ability to obtain desired goods and activities)	Develop multi-modal models which indicate the quality of nonmotorized and transit travel, and integrated transportation/land use models which indicate accessibility			
Modes considered	Most current models only consider automobile and public transit	Expand models to evaluate other modes, including walking and cycling			
Travel data	Travel surveys often undercount short trips, non-motorized travel, off-peak travel, etc.	Improve travel surveys to provide more comprehensive information on travel activity			
Consumer Impacts	Most economic evaluation models apply relatively crude analysis of consumer impacts. For example, they assume that shifts from driving to slower modes increase costs	Improve consumer surplus analysis in transport evaluation. For example, recognize that shift to slower modes in response to positive incentives provide net user benefits			
Travel time	Most models apply the same travel time value to all travel, regardless of conditions	Vary travel time cost values to reflect travel conditions, such as discomfort and delay			
Nonmotorized travel	Most travel models do not accurately account for nonmotorized travel impacts, and so undervalue nonmotorized improvements	Modify existing models or develop special models for evaluating nonmotorized transportation improvements			
Impacts Considered	Current models only measure a few impacts (travel time and vehicle operating costs)	More comprehensive impact analysis, including crashes, emissions, pedestrian delay, etc.			
Transit elasticities	Most models use short- and medium-run transit elasticity values which understate long-term impacts	Use more appropriate values for evaluating long- term impacts of transit fares and service quality			
Self-fulfilling prophesies	Traffic projections are often reported as unavoidable, which must be accommodated, resulting in self-fulfilling prophecies of increased capacity, traffic and sprawl	Report travel demand as a variable ("traffic will grow 20% if current policies continue, 10% with \$1 daily fees, and 0% with \$2 daily fee.") rather than a fixed value ("traffic will grow 20%")			
Generated traffic and induced travel	Traffic models fail to account for generate traffic (additional peak-period traffic) induced travel (net increases in total vehicle travel) caused by roadway expansions	Incorporate various types of feedback into the traffic model. Develop more comprehensive economic analysis models which account for the economic impacts of induced travel			
Construction impacts	Economic models often fail to account for the construction periods congestion costs	Take congestion delays into account when evaluating roadway projects			
Transportatio n diversity	Models often underestimate non- automobile travel demands and benefits of improved travel options	Recognize the various benefits that result from improving accessibility options			
Land use impacts	Models often fail to indicate how transport decisions will affect land use development, and therefore accessibility and strategic planning objectives	Develop integrated transportation and land use planning models which predict how transport decisions affect land use patterns and how land use decisions affect accessibility			

This table summarizes ways of improving computer models used in transportation planning.

Accessibility-based evaluation models are available that take into account various modes and land use factors (Kaufman, et al. 2014; Harris 2001; Braun, et al 2005; Dong, et al. 2006; El-Geneidy and Levinson 2006; Geurs 2006). These use geographic information systems (GIS) to measure the travel distance between various activities, such as average distances between homes and services, or the number of jobs within a half-hour travel distance of residents. Some also account for transport factors, such as area walkability and transit service frequency. However, even these models generally overlook some factors affecting overall accessibility, such as transit service comfort, user information availability, and perceived pedestrian security. Additional analysis may therefore be required to account for these factors.

Special analysis can evaluate the quality of accessibility for specific groups and locations. For example, evaluation of accessibility by elementary students should include analysis of the convenience, comfort, safety, affordability and speed of walking, cycling, automobile and school bus service. Similarly, evaluating accessibility of a commercial district should include analysis of the quality of walking, cycling, automobile, public transit, taxi service and parking conditions.

Martens (2006) argues that current transport evaluation practices are economically inefficient and regressive because they exaggerate the benefits of automobile-oriented improvements and undervalue improvements to alternative modes, which skews planning decisions to favor the mobility-rich (people who currently drive high mileage) to the detriment of the mobility-poor (people who currently drive low mileage and rely on alternative modes). To correct these problems he recommends the following changes to transportation modeling and economic evaluation techniques:

- Evaluate transport improvements primarily in terms of *accessibility* rather than *mobility*. For example, improvements should be rated based on the number of public services and jobs accessible to people, taking into account their ability (i.e., ability to walk and drive), travel time and financial budgets, not simply travel time savings to vehicle travelers.
- Assign value to accessibility gains inversely related to people's current levels of accessibility, to reflect the principle of diminishing marginal benefits. Accessibility gains for the mobility-poor should be valued higher than the same increase in accessibility by the mobility-rich.

Overall accessibility can be evaluated with regard to time and money budgets. People typically devote 60-90 minutes a day and 15-20% of their household budgets to transport, and are willing to spend 5-10 minutes traveling for errands such as shopping and taking children to school. If such services are sufficiently accessible for pedestrians, some people will choose to walk. If not, most people who can will drive. Similarly, thirty minutes and two to four dollars in expenses represents the maximum one-way commute budget. Transport systems that force people to exceed these time and money budgets tend to create a burden, particularly on lower-income households.

Rendall, et al. (2011) quantify *Active Mode Accessibility* (AMA), defined as the proportion of activities that can be reached by active modes (walking, cycling, and public transport) alone, given the population demographics of the study area. AMA is characterized by the underlying geographic form of an urban area and its transport networks. They describe methods for calculating the AMA and apply it to case studies.

Planners can therefore evaluate:

- The quality of accessibility by different modes and in specific areas.
- The quality of accessibility by various groups and how they compare, with particular attention to the relative quality of accessibility by disadvantaged groups.
- Possible strategies for improving accessibility, including increased user comfort, convenience and affordability, not just travel speed.
- Possible strategies for improving alternative modes and reducing automobile travel.
- Which groups bear excessive time or financial costs for basic mobility.

Automobiles and Cities

Automobiles are complex systems that provide mobility. By increasing travel speeds, and therefore the distance that can be traveled in a given time period, automobiles increase the goods, services and activities accessible from a particular location.

Cities are complex systems that provide accessibility. By reducing the distances between destinations and improving transport options (better walking conditions and public transit services) cities also increase the goods, services and activities accessible from a particular location.

These two methods of improving accessibility often conflict. Transportation planning decisions intended to enhance automobile travel (wider roads, increased traffic speeds, larger parking facilities, highway-oriented development) often degrade urban conditions and travel services.

Conventional transport planning recognizes the benefits of mobility but often overlooks the benefits of urban accessibility. For much of the last century transportation planning decisions have favored mobility over urban accessibility. A more complex framework for evaluating accessibility allows decision-makers to better understand how specific policies and planning decisions will affect overall accessibility.

Optimal Accessibility and Mobility

It is interesting to consider the levels of accessibility and mobility that are overall optimal, and how this is affected by the evaluation methods used. Transportation planning often assumes that any increase in mobility is beneficial and desirable, but there are, of course, various economic, social and environmental costs.

According to economic theory, the optimal levels of accessibility and mobility are the amount that consumers would choose in an optimal market, in which they have an appropriate range of travel and location options, and prices reflect costs (users bear directly all costs resulting from their transport activities). Beyond this optimum, increased mobility is economically excessive and harmful to society. Litman (2007) examines various reforms that would make transport and land use markets more efficient. These include, for example, efficient road and parking pricing, neutral planning and funding, and accessibility-based land use planning practices. The study concluded that in a more optimal market, consumers would choose to drive significantly less, rely more on alternative modes, and be better off overall as a result.

For example, charging motorists directly when they use parking facilities typically reduces vehicle travel by 10-30%, and distance-based vehicle insurance and registration fees reduce driving about 10%. Least-cost planning, which funds alternative modes and mobility management programs when they are more cost effective than facility expansion often reduces driving by 10-30%. Land use policy reforms, which correct existing market distortions that favor lower-density development patterns also tend to reduce automobile travel and encourage use of alternative modes.

In more optimal markets people would probably achieve about the same amount of accessibility, but rely more on non-automobile strategies, including more walking, cycling, ridesharing, public transit and telecommunications, and accessible locations. For example, these reforms would give commuters more incentive to use alternative modes, families more incentive to choose homes within walking distance of schools, and businesses more incentive to choose locations served by quality public transit. More comprehensive analysis, which takes into account more transport impacts and options, tends to justify more support for alternative modes, constraints on driving, and accessible land use patterns. For example, considering costs such as parking subsidies and pollution emissions tends to justify more investments in alternative modes, and considering mobility management strategies and land use accessibility improvements tends to justify shifting resources away from road and parking construction.

Although many communities are implementing some of these reforms, no communities have implemented all market based reforms. This may justify the implementation of other incentives, such as subsidies for alternative modes and restrictions on vehicle travel, on second-best grounds, and to help achieve strategic planning objectives, such as increasing land use accessibility and reducing sprawl. It is, however, difficult to determine to what degree such interventions are justified.

Evaluating Automobile Dependency

Automobile dependency (also called automobile orientation) refers to transportation systems and land use patterns that favor automobile access and provide relatively inferior alternatives ("Automobile Dependency," VTPI, 2006). In this case, automobile includes cars, vans, light trucks, SUVs and motorcycles. Its opposite is a balanced or multi-modal transportation system, meaning that consumers have relatively diverse accessibility options, although automobile travel may still be a major or even dominant mode.

Automobile dependency determines how accessibility differs between drivers and nondrivers, and therefore non-drivers' relative disadvantage. This affects both equity (since one group is relatively worse off than others) and efficiency (since non-drivers are unable to access education and jobs). This indicates that automobile dependency is both unfair and inefficient, or described more positively, increasing transport system diversity provides both efficiency and equity benefits (Litman, 2001). Automobile dependency can be evaluated from various scales and perspectives. For example, a walkable, mixeduse neighborhood may be multi-modal at a local scale but automobile dependent at a regional scale due to poor transit service. Automobile dependency can be evaluated based on:

- Per capita annual vehicle travel.
- Mode split (portion of total travel by various modes). In general, automobile mode split over 90% indicates a high degree of automobile dependency, and less than 75% indicates a fairly multi-modal community, where non-drivers are not significantly disadvantaged.
- Mode split by discretionary travelers (use of alternative modes by people who could drive), which indicates whether alternative modes provide high service quality.
- Land use accessibility (the amount of mobility needed to reach a typical set of destinations). Ewing, Pendall and Chen (2002) developed an index that quantifies the degree of sprawl in a particular area.
- The relative difference in generalized travel costs (combined financial costs and monetized travel time) between drivers and non-drivers to reach a typical set of destinations.
- Quantity and quality of alternative modes available. This can be quantified using multi-modal level-of-service rating (FDOT 2007).
- Specific indicators, such as the portion of children who walk or bicycle to school.

Although inadequate mobility can constrain people's ability to participate in desired activities, the increase in people's ability to travel does not necessarily result in more participation. Just because people can access activities does not necessarily mean that they take advantage of the opportunities. For example, Farber and Páez (2009) found that automobile reliance increases social activity by people who are less mobile (home-makers and unemployed people), but decreases social activity in more mobile subgroups (full time workers). Automobile reliance is found to have a strong negative impact on the probability of

visiting friends and participating in out-of-home sports and cultural events, but a positive effect on in-home and potentially asocial amusements such as television viewing.

Some people assume that automobile dependency inevitably increases with wealth, but there is evidence that many affluent people prefer transport diversity and will use alternative modes if of suitable quality. For example, many prestigious residential areas are walkable, mixed-use neighborhoods; many successful professionals prefer alternative commute modes; and many economically successful cities have declining automobile mode split ("Success Stories," VTPI 2006). Although per capita vehicle ownership and use tend to rise as incomes increase from poverty to middle levels, the ultimate degree of automobile dependency is determined by policy and planning decisions. If decision-makers consider multi-modalism desirable they will support diversity. This indicates, as the previous section concluded, that a multi-modal transport system is overall optimal.

Strategies for Improving Accessibility

This section describes various ways to improve accessibility. For more information see VTPI (2006)

Table 12 uses the list of factors that affect accessibility from Table 5 to help identify possible ways of improving accessibility. Current transport planning and evaluation practices tend to focus on certain types of accessibility improvements, particularly those that increase motor vehicle travel speeds and parking convenience, which limits the scope of potential solutions to transport problems.

Factors	Improvement Strategies	
Access and Mobility Demand	Use research to better understand people's accessibility and mobility needs, preferences and abilities, and use social marketing strategies to develop better options that respond to these demand, and to encourage consumers to choose more efficient and equitable options.	
Basic Access and Mobility	Prioritize transportation improvements and activities to favor access to goods, services and activities considered most important to society.	
Mobility	Improve traffic speed and capacity, such as improving and expanding roadways.	
Transportation Options	Improve the convenience, comfort, safety, reliability, affordability and speed of transport options, including walking, cycling, automobile, rideshare, taxi, carshare and public transit.	
User Information	Improve the quantity and quality of user information regarding travel and location options, including signs, maps, brochures, websites and telephone services. Special attention can be given to providing convenient information on alternative modes and efficient locations.	
Integration	Improve connections between different modes and destinations, such as more integrated information, fares, walkability, baggage transfers, automobile and bicycle parking.	
Affordability	Improve the quantity and quality of affordable modes (walking, cycling, ridesharing, public transit, taxi and telework), and improve housing affordability in accessible locations.	
Mobility Substitutes	Improve the quantity and quality of telecommunications and delivery services that substitute for physical travel.	
Land Use Factors	Improve land use accessibility by increasing density and mix, in order to create activity centers and urban villages that contain the appropriate combination of housing, jobs and services within convenient walking and cycling distance.	
Transport Network Connectivity	Improve road and path connectivity to allow more direct travel between destinations, including special shortcuts for non-motorized travel where appropriate.	
Roadway Design and Management	Improve roadways to increase traffic flow (for example, by reducing the number of driveways), to favor higher occupant vehicles, and to improve walking and cycling conditions.	
Prioritization	Use mobility and parking management strategies to favor higher value trips and more resource-efficient vehicles, and to encourage more accessible land use development.	
Improve Payment Systems	Better road and parking pricing methods reduce transaction costs and increase the feasibility of implementing pricing reforms to increase overall transportation system efficiency.	
Inaccessibility	Where appropriate, limit mobility and accessibility.	

 Table 12
 Potential Accessibility Improvement Strategies (VTPI 2006)

This table indicates various ways to improve accessibility. Current transport planning practices tend to focus on just a few of these strategies, which limits the scope of solutions considered.

Accessibility and mobility demand varies depending on the quality of options available. Many consumers would prefer to reduce their vehicle travel and rely more on alternative modes and more accessible locations, provided those alternatives are suitably convenient, comfortable, safe, affordable and prestigious (Levine and Frank 2006). Accessibility can be improved by developing new transport and location options that better respond to consumer needs and preferences ("Mobility Management Marketing," VTPI 2006).

Opportunities for improving transportation system services can be identified by inviting suggestions from users, and by auditing various types of trips (for example, a suburb-to-downtown commute trip by various modes). It is useful if transportation decision makers (planners and public officials) regularly rely on alternative modes so they can experience the transportation system from a user's perspective, in order to help identify problems and opportunities for improvement.

Automobiles provide the majority of personal mobility in most developed regions, so accessibility can be improved by increasing roadway capacity and design speeds, improving traffic management, improving parking facility capacity and convenience, and increasing vehicle safety. However, it is important to consider the negative effects that wider roads, increased vehicle traffic volumes and speeds, and more dispersed land use development patterns can have on other forms of accessibility.

Prioritization can improve accessibility for higher value trips and more efficient modes, for example, by favoring vanpools, transit and freight vehicles over lower value vehicles on congested roadways. These strategies tend to be most effective if implemented as part of an integrated program that improves travel options and land use accessibility. This is particularly important in urban areas where it is costly to expand facilities and where increased traffic imposes significant external costs.

Non-motorized modes (walking, cycling and their variants such as wheelchairs and scooters) are particularly important because they represent a major portion of total travel, and support other modes. For example, most transit trips include walking links, so improving walking conditions can improve transit accessibility. Nonmotorized improvements include improved sidewalks, crosswalks, paths, bikelanes, traffic calming and vehicle restrictions, safety education, law enforcement and encouragement programs, bicycle parking, improved security and *universal design* (facilities designed to accommodate all users, including people who rely on mobility aids such as wheelchairs and walkers. More compact and mixed land use, narrow roads, short blocks and pedestrian shortcuts tend to improve walkability.

Public transit improvements can increase mobility and accessibility in several ways. They improve mobility for non-drivers and increase transport affordability, and they can

reduce traffic and parking congestion by attracting discretionary travelers (people who would otherwise drive). In addition, high quality transit often provides a catalyst for more accessible, walkable land use development patterns, which further increases mobility options and improves accessibility ("Transit Oriented Development," VTPI 2006).

To determine the most effective accessibility improvements in a particular situation it is helpful to identify the major accessibility constraints that apply and develop appropriate responses, as illustrated in Table 13.

User Group	Major Accessibility Constraints	Improvement Strategy
Urban commuters	Traffic and parking congestion.	Expand roads and parking facilities, improve alternative modes (particularly grade- separated public transit), congestion pricing.
Low-income commuters	Fuel costs, parking costs and vehicle unreliability.	Subsidize fuel and parking. Improve affordable transport options (walking, cycling, ridesharing, public transit). Increase housing affordability in accessible locations.
Non-drivers	Inadequate alternative modes and poor connections between these modes (such as difficulty taking a bicycle on a bus).	Improve walking and cycling conditions, rideshare and public transit services, user information, connections among modes.
Children/teenagers	Poor walking and cycling conditions, inadequate public transit services.	Improve walking and cycling conditions (particularly safety), improve public transit, provide suitable user information.
Visitors and mode shifters	Inconvenient user information.	Improve user information.
Mode shifters	Stigma (walking, cycling and public transit are considered inferior)	Marketing to increase the status of alternative modes.
People with disabilities	Unsuitable walking facilities, unsuited vehicles (automobiles, public transit and taxi), inadequate user information.	Improve pedestrian facilities and vehicles to accommodate mobility aides, improve user information.
People with physical disabilities	Constrains described above, plus financial constraints.	Low transit and taxi fares, targeted discounts for low-income disabled people, special telephone and Internet services.
Shippers	Congestion delays, inconvenient parking (particularly for urban deliveries), high fuel costs.	Congestion pricing (so higher value trips can outbid lower value trips on congested roads), better delivery vehicle parking options, development of more fuel efficient shipping services (such as rail transport).

 Table 13
 Accessibility Constraints And Solutions

This table indicates the major accessibility constraints facing specific types of people or situations, and appropriate responses. This type of analysis should be adjusted to reflect specific situations.

Accessibility-based planning tends to expand the range of impacts and options that can be considered. For example, conventional planning may assume that the main way to address traffic and parking congestion is to expand roads and parking facilities, but accessibility-based planning considers other factors, including the tendency of wider roads and larger parking lots to reduce accessibility by other modes (particularly walking and public transit), and the potential to address such problems by improving travel options and increasing land use accessibility.

Examples

Access to Destinations (http://access.umn.edu)

Access to Destinations is an interdisciplinary research program by the University of Minnesota's Center for Transportation Studies which is developing tools and data sets to quantify overall accessibility, taking into account multiple modes (walking, cycling, public transit and automobile) and land use development patterns. The research project initially applied this model to the Twin Cities region. It found:

- In 1995 there was only one traffic analysis zone (located near the center of the metro region) from which commuters could reach more than one million jobs within 20 minutes. By 2005, there were 20 such zones.
- These accessibility increases occurred while the center of employment was shifting slightly, despite the absence of a matching shift on workers' home locations. The jobs-to-workers ratio has improved (getting closer to 1:1) in most areas of the region.
- The region has seen small but measurable decreases in pedestrian accessibility. A third of walking trips exceeded a mile, calling into question the long-standing assumption that a quarter-mile is the limit of willingness to walk to destinations.
- New bike networks and facilities also had a measurable effect.
- The region's first light-rail line had a positive effect on many accessibility measures. Accessibility increases were proportionately greater along the Hiawatha light-rail corridor and near bus lines offering high-frequency service.
- Results indicate that centralized population and employment produce the highest accessibility across all networks.

Subsequent research analyzed accessibility by mode (automobile and transit) and purpose (work and non-work trips) for about 30 US metropolitan areas (Levine, et al. 2012). The analysis indicates that although denser urban development tends to reduce vehicle travel speeds, it increases geographic accessibility, which is about ten times more influential than travel speed in determining a metropolitan area's overall accessibility.

Access To Jobs Mapping System (http://fragile-success.rpa.org/maps/jobs.html)

The Access to Jobs interactive mapping system shows the number of suitable jobs available within a given commute travel time by various travel modes and job categories. It was produced as part of the *Fragile Success* (<u>http://fragile-success.rpa.org</u>) regional performance evaluation which examines economic, social and environmental tends in the New York metropolitan region for strategic planning purposes (RPA 2014). The study, *Mobility, Economic Opportunity and New York City Neighborhoods* (Kaufman, et al. 2014), provides neighborhood-scale information on job access.

20-Minute Neighborhoods (http://tinyurl.com/n7hg87k)

The City of Portland (2012) uses GIS mapping to evaluate the number of commonly-used services that can be accessed within a 20-minute walk of residences, taking into account sidewalk conditions, natural and roadway barriers, street connectivity and topography.

Best Practices

Below are recommendations for best practices when evaluating transportation and accessibility.

- Transportation should be evaluated based on *accessibility* in addition to *mobility*.
- Accessibility evaluation should consider all factors that may affect access, including people's needs and abilities, the availability and quality of various access options, land use factors, network connectivity, mobility substitutes and land use patterns.
- Transport planning should identify specific accessibility *constraints* in a particular situation (specific people, times, locations, types of travel, etc.). For example, traffic congestion may be a major constraint in some situations, while in others the constraint is inadequate user information, poor walkability, or high financial costs.
- Accessibility evaluation should give special consideration to the access needs of disadvantaged groups, including people with disabilities and low incomes. The quality of their access can be evaluated relative to average accessibility levels.
- Accessibility evaluation should account for qualitative factors such as user convenience, comfort, affordability, security and consumer preferences.
- Accessibility evaluation should account for the quality of modal integration, such as the quality of connections between modes.
- Accessibility analysis should consider various perspectives, including different individuals, groups, locations and activities.
- Analysis should consider ways that improving one form of access may reduce other forms, such as the tendency of wider roads and increased vehicle traffic to reduce pedestrian access, and the reduction in vehicle traffic speeds from traffic calming.
- Special consideration should be given to providing basic access and mobility, recognizing that certain types of access are particularly valued by society.
- Special consideration should be given to walkability because pedestrian access is important on its own, and supports other modes including ridesharing, public transit and automobile parking.
- Transportation planning should account for the benefits of inaccessibility and the external costs of vehicle traffic. Transportation policies should limit access and mobility when doing so preserves valuable social or environmental amenities.
- Transportation planning should consider a wide range of strategies for improving accessibility, including improvements to vehicle traffic, alternative modes, mobility management, mobility substitutes and more accessible land use.
- Transportation and land use planning should be integrated to optimize access. For example, land use policies should encourage clustering in areas that have good walking and cycling conditions, and good transit service.
- Transport planning should use neutral language that does not favor automobile transport over other modes, as illustrated in the box below.

Neutral Transport Planning Language (Lockwood 2004)

Many transport planning terms unintentionally favor motor vehicle travel over other forms of access. For example, increased road and parking capacity is often called an "improvement," although wider roads and larger parking facilities, and the increased traffic volumes and speeds that result, tend to degrade pedestrian and cycling mobility. Calling such changes "improvements" indicates a bias in favor of one mode over others. Objective language uses neutral terms, such as "added capacity," "additional lanes," "modifications," or "changes."

The terms "traffic," "flow," and "trip" often refer only to motor vehicle travel. Short trips, nonmotorized trips, travel by children, and non-commute trips are often undercounted or ignored in transport surveys, models, and analysis. Although automobile and transit trips often begin and end with a pedestrian or cycling link, they are often classified simply as "auto" or "transit" trips. Walking and cycling conditions are often evaluated inadequately or not at all.

The term "efficient" is frequently used to mean increased vehicle traffic speeds. This assumes that faster vehicle traffic always increases overall efficiency. This is not necessarily true. High vehicle speeds can reduce total traffic capacity, increase resource consumption, increase costs, reduce transportation options, increase crash risk, create less accessible land use patterns, and increase automobile dependency, reducing overall system efficiency.

Transportation professionals often rate the overall quality of the roadway network based on Level of Service (LOS) ratings that evaluate conditions for automobile traffic, but apply no comparable rating for other travel modes. It is important to indicate which users are considered when level of service values are reported.

Biased	Neutral Terms
Traffic	Motor vehicle traffic, pedestrian, bike traffic, etc.
Trips	Motor vehicle trips, person trips, bike trips, etc.
Improve	Change, modify, expand, widen
Enhance	Change, increase traffic speeds
Deteriorate	Change, reduce traffic speeds
Upgrade	Change, expand, widen, replace
Efficient	Faster, increased vehicle capacity
Level of service	Level of service for

Examples:

Biased: *Level of service* at this intersection is rated "D." The proposed *improvement* will cost \$100,000. This *upgrade* will make our transportation system more *efficient* by *enhancing* capacity, preventing *deterioration* of *traffic* conditions.

Neutral: *Level of service* at this intersection is rated "D" *for motorists* and "E" *for pedestrians*. A *right turn channel* would cost \$100,000. This *road widening project* will *increase motor vehicle traffic speeds and capacity* but may *reduce safety and convenience to pedestrian travel*.

Conclusions

Accessibility refers to peoples' ability to reach desired goods, services, activities and destinations. The quality of accessibility has tremendous direct and indirect impacts. Improving accessibility and reducing accessibility costs can help achieve many economic, social and environmental objectives. Since accessibility is the ultimate goal of most transportation activity (excepting the small amount of travel with no desired destination), transport planning should be based on accessibility.

Many factors affect accessibility, including people's transport needs and abilities, the quality and affordability of transport options, the degree to which various links and modes are connected, land use patterns, and the quality of mobility substitutes. This report describes these factors and how they can be evaluated. Some of these factors tend to be overlooked or undervalued in conventional transport planning, particularly nonmotorized travel demand, alternative mode service quality, user information, integration, affordability, prioritization and the value of inaccessibility.

Many current planning practices reflect *traffic-based* (vehicle movement) or *mobility-based* (people and goods movement) analysis. These tend to favor automobile transport over other forms of accessibility, including alternative modes, mobility management, and more accessible land use. Many of these planning and evaluation biases are subtle and technical, resulting from the way that transport is defined and measured, or reflecting the formulas used to allocate transportation funding.

Optimal planning requires more comprehensive accessibility analysis. No single method can evaluate all accessibility factors: a variety of methods are needed reflecting different impacts, scales and perspectives. Our ability to evaluate accessibility is improving as we develop a better understanding of these concepts and better tools for quantifying accessibility impacts. However, accessibility-based planning techniques are still new and practitioners are still learning how to apply them to specific decisions. Effective accessibility evaluation therefore requires creativity and judgment.

Improving accessibility evaluation can help reconcile conflicts inherent in current planning. Mobility-based planning favors solutions that increase motor vehicle travel, despite the diminishing benefits and increasing costs of expanding roads and parking facilities, and increasing vehicle traffic and personal mobility. A better understanding of accessibility can help identify truly optimal solutions to transport problems.

This is good news overall because it indicates that there are many more ways to improve accessibility than conventional planning recognizes. For example, many transport problems are best solved by improving the convenience and comfort of alternative modes, providing better user information, improving connections among modes, and increasing land use accessibility. However, transport planning practices will need to change for such solutions to be implemented as much as optimal.

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