

ASSESSMENT # 1**Total Marks: 30****1. Multiple Choice Questions:****(05)**

- i. The Beauty Industry has achieved a great reputation because of, which of the following:
 - ☒ a. excellent training and high standards
 - b. an increase in beauty products
 - c. increased money to spend on beauty products
- ii. The knowledge and skills required in the Beauty Industry are:
 - a. remarkable
 - ☒ b. numerous and broad
 - c. very special
- iii. To avoid bad breath being passed to a client:
 - a. regular exercise and good diet are highly recommended
 - b. dressing up nicely is highly recommended
 - ☒ c. regular brushing, mouth sprays, mints, and breath fresheners are highly recommended.
- iv. In a beauty salon, if your hair is below shoulder - length:
 - a. it should be nicely done.
 - b. It should be premed
 - ☒ c. It should be tied up.
- v. Sanitation is:
 - ☒ a. cleaning and washing
 - b. drying and cleaning
 - c. cleaning with chemical solution
- vi. The process of disinfecting reduces the number of germs and bacteria to a level:
 - ☒ a. that is less harmful to health.
 - b. that promotes health
 - c. that makes germs totally harmless.
- vii. A bead steriliser is an electrical unit which contains which of the following:
 - a. metal beads
 - ☒ b. glass beads
 - c. rubber beads

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- viii. After using on a client, creams and oils should be:
- put back in the original container
 - stored in a new container.
 - ☒ Thrown away
- ix. Hot air oven heats to
- ☒ 150- 180 C
 - 130 – 150C
 - 180- 200C
- x. Heat sterilisation method is suitable for tools, such as:
- sponges and brushes
 - ☒ tweezers and scissors
 - trolleys
- i. When working with chemicals and to keep dirt away
- ii. Health of clients, colleagues and personal.
- iii. Bending knees and lifting with leg muscles and using both hands
- iv. Sanitation, disinfecting, sterilisation
- v. Dry heat, steam and ultraviolet sterilisation
- vi. You are your own works advertisement
- vii. Working with several clients and colleagues a day can put people off to be near you if your personal hygiene is not up to standard. (21)

2.

Short Questions:

(All questions carry equal marks)

- When would you need to wear protective clothing? Why?
- What is the purpose for maintaining health and safety policy for a salon?
- How would you lift a large box from the floor to place it on the shelf?
- What are the three ways to make sure that the work environment is clean and germ - free?
- What are the effective sterilisation methods to prevent cross-infection and secondary infections?
- What is the importance of personal appearance for a beauty therapist and why?
- Why is personal hygiene so important for a beauty therapist?

3.

Briefly describe how your skin and make up should look so that a client is not put off, but feels confident that she is getting treatment from a person who knows what she is doing? (04)

It's important to look after your skin and look healthy and glowy, always presentable and professional make up and hair as you are reflection of your own work and looking good makes clients feel more confident about your work and knowledge. Minimal but nice presentable make up, tidy styled hair and clean healthy skin is a must.